

## Sarah Matthias, M. Sc. Psych.

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### Education

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| Since 2019 | Postgraduate training as a psychological psychotherapist (Behavioral Therapy), Institute for Behavioral Therapy (IVT), Leipzig |
| 2019       | M. Sc. Clinical Psychology, Psychotherapy and Health, Friedrich-Schiller-University Jena                                       |
| 2016-2017  | Exchange year at Universidad del País Vasco, San Sebastián, Spain  |
| 2015       | B. Sc. Psychology, Friedrich-Schiller-University, Jena   |

### Professional Experience

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| Since 2023 | Research assistant in a BMBF-funded research project on smartphone-supported behavioral weight loss therapy in adults with obesity (Head: Prof. Dr. Anja Hilbert), Integrated Research and Treatment Center AdiposityDiseases Leipzig, Leipzig University Medical Center |
| 2021-2022  | Clinical psychologist at the Rehabilitational Institution for persons with mental illnesses and impairments (RPK), Halle (Saale)   |
| 2019-2020  | Psychologist at an occupational reintegration coaching project, Educational Provider ciT, Leipzig  |
| 2015-2019  | Research assistant at the Neuropsychology Research Unit, Clinic for Neurology, Jena University Medical Center  |
| 2013-2015  | Student assistant at the Department of Social Psychology, Friedrich-Schiller-University, Jena  |