

Shiwa-Banou Ghassabéi, M.Sc. Psych.

Tel.: 0049 - 341 - 97 15358

Fax: 0049 - 341 - 97 15358

Email: shiwa.ghassabei@medizin.uni-leipzig.de

Education

2024 M.Sc. Psychology (Ruprecht-Karls-University of Heidelberg)

2021 B.Sc. Psychology (University of Luxemburg, Luxemburg)

Professional Experience

- Seit 2026 Research assistant at the Integrated Research and Treatment Center AdiposityDiseases Leipzig, Behavioral Medicine Research Unit, Leipzig University Medical Center
- 2025 Research assistant, Institute for Health, Midwifery, and Nursing Science, Faculty of Medicine, Martin-Luther-University Halle-Wittenberg
- 2024 Research assistant, Institute of Medical Psychology and Medical Sociology, Mainz University Medical Center
- 2021 - 2024 Student assistant, Institute of Medical Psychology and Medical Sociology, Mainz University Medical Center
- 2022 Research intern, „Laboratory of Psychology and Technology, Labpsitec“, University of Valencia, Spain
- 2021 Research intern, Institute of Medical Psychology and Medical Sociology, Mainz University Medical Center
- 2020 Student assistant, LUCET (Luxemburg Center for Educational Testing), Luxemburg
- 2020 Clinical intern, Clinic and Policlinic for Psychosomatic Medicine and Psychotherapy – Focus: Depersonalization-Derealization Disorder, Mainz University Medical Center
- 2019 Clinical intern, Hochgrat Clinic (Clinic for Psychosomatics and Psychotherapy), Stiefenhofen
- 2018 Research intern, Nutrition and Behavior, University of Bristol, England

Scholarships

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| 2019 | Scholarship recipient for the Global Exchange Program, Université de Montréal, Canada |
| 2014 - 2018 | Scholarship recipient for the Erasmus Exchange Program, Université Paul Valéry Montpellier III, France |